

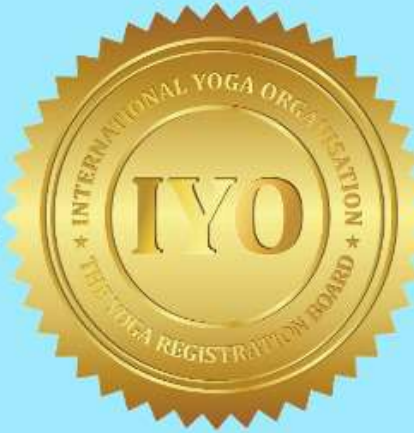
# INTERNATIONAL YOGA ORGANISATION



**Avasthanam**

Awaken the Divine Within.

IYS® Registration No: IYS1181



HEREBY CERTIFIES  
& REGISTERS

## AVASTHANAM

IYS®-INTERNATIONAL YOGA SCHOOL

IYS®-अंतर्राष्ट्रीय योग विद्यालय

IYO® International Yoga Organisation proudly recognizes your esteemed institute, academy, or center as a certified IYS® International Yoga School. This acknowledgment reflects your unwavering commitment to the art and practice of yoga, and your establishment has been officially registered in our global directory, signifying its status as an IYS® International Yoga School. We extend our heartfelt wishes for your continued success in promoting the transformative benefits of yoga.

As an IYS®-International Yoga School, you are now authorized to conduct a range of specialized courses, including the esteemed IYT® International Yoga Teacher courses, as well as other unique yoga modalities under the guidelines provided by IYO® International Yoga Organisation. This recognition places your school among the dedicated institutions committed to high standards in yoga education.

We confirm that your registered IYS® International Yoga School has successfully completed all necessary requirements for certification as of Dec 12, 2025. Your school's comprehensive curriculum includes a diverse array of yoga styles, ensuring a holistic approach to yoga education. The certified styles offered at your school encompass Ashtanga Yoga, Hatha Yoga, Kundalini Yoga, Vinyasa Yoga, Iyengar Yoga, Restorative Yoga, Yin Yoga, Prenatal, Postnatal & Garbh Sanskar Yoga, Jivamukti Yoga, Meditation & Sivananda Yoga. Moreover, your curriculum is enriched by the inclusion of non-yogic disciplines such as Various Meditation Styles, providing a well-rounded educational experience for your students.

We are delighted to welcome you as an official provider of the IYT® courses, and we are confident that your contributions will further the reach and impact of authentic yoga instruction. Wishing our registered IYS® International Yoga School all the very best as you embark on this exciting journey of cultivating and sharing the profound teachings of yoga.

IYO® International Yoga Organisation | Karnataka, India



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